



**TEAM TRAINING**  
NEW ENGLAND

# Yoga Workshops for Athletes

with Sage Rountree, Runner's World yoga expert  
Trinity College, Hartford, CT

## Registration Form & Waiver

Please Check Your Registration Choice(s) Below	Class Title	Class Time	Fees
<input type="checkbox"/>	Yoga & Running	9:30–11:30 a.m.	\$30
<input type="checkbox"/>	Yoga For All Athletes	1:00–4:00 p.m.	\$45
<input type="checkbox"/>	Yoga & Running + Yoga For All Athletes	9:30–11:30 a.m. 1:00–4:00 p.m.	\$65

*In consideration for the acceptance of my registration as a participant in the above entitled event, and with the understanding that my participation in this event is only on condition that I enter into this agreement, for myself, my heirs and assignees, I hereby assume the inherent and extraordinary risks involved in the Yoga for Athletes Workshop and any risks inherent in any other activities connected with this event in which I may voluntarily participate. I expressly assume the risk of and accept full responsibility for any and all injuries, including death and accidents which may occur as a result of my participation in this event and release from Liability, Sage Tree LLC, Trinity College, Team Training New England LLC and each of their officers, directors, agents and representatives, employees and members. I hereby waive any claim I may have hereafter as a result of my participation in the Yoga for Athletes Workshop and in any other activities connected with this event in which I may voluntarily participate. I grant permission for the use of any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.*

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please fill out the form below neatly and completely.*

<b>First Name</b>	<b>Last Name</b>
<b>Street Address</b>	
<b>City</b>	<b>State / Zip</b>
<b>Home Phone</b>	<b>Cell Phone</b>
<b>Gender</b> <i>(circle one)</i>	<b>Email</b>
<i>Male / Female</i>	

Please MAIL your completed registration form and a check made payable to **Team Training New England** to:

Yoga Workshops for Athletes  
Team Training New England  
PO Box 271872  
West Hartford, CT 06127-1872

*For questions, you can contact Team Training New England at 860-256-4491 or coach@teamtrainingne.com*